



January 2024

Syosset Elementary Schools LUNCH MENU

Powering
potential.

Available Daily

- Sunflower Seed Butter & Jelly Sandwich on sliced bread V
- Bagel meal: Fresh NY Bagel w/ 2 cheese sticks OR 1 Chobani Yogurt & 1 cheese stick V
- Cheese Sandwich V

Note:

Wednesday MYO Pizza Kits come with Flatbread, Pizza Sauce and Shredded Mozzarella Cheese



MON	TUES	WED	THURS	FRI
New Year's Day ¹ School Closed	Cheesy Stuffed Breadsticks ² V Ham & Cheese (P) Sandwich on Sliced Bread Pear Celery	French Toast with Syrup ³ & Chicken Sausages Make Your Own Pizza Kit V Apple Slices Romaine Salad	Santa Fe Turkey Nachos ⁴ with Cheese Sauce & Salsa Turkey & Cheese Sandwich on Sliced Bread Orange "cuties" Roasted Red Potatoes	Cheese Pizza V ⁵ Chicken Caesar Salad* Apple Slices Vegetarian Beans
Chicken Drumstick* ⁸ Ham & Cheese (P) Sandwich on Sliced Bread Apple Slices Steamed Carrots	Hamburger or ⁹ Cheeseburger on a bun Turkey Chef Salad* Pear Roasted Red Potatoes	Chicken Patty Sandwich ¹⁰ on a Bun with Ranch on side Make Your Own Pizza Kit V Apple Slices Spinach Salad	Chicken Meatball Parm Hero ¹¹ Turkey & Cheese Sandwich on Sliced Bread Orange "cuties" Cucumbers	Cheese Pizza V ¹² Chicken Caesar Salad* Apple Slices Chickpea Salad
Martin Luther King Jr. Day ¹⁵ School Closed	Mozzarella Sticks V ¹⁶ Turkey Chef Salad* Pear Celery	Chicken Tenders* ¹⁷ Make Your Own Pizza Kit V Apple Slices Romaine Salad	Penne Pasta with Chicken Meatballs* ¹⁸ Turkey & Cheese Sandwich on Sliced Bread Orange "cuties" Roasted Red Potatoes	Cheese Pizza V ¹⁹ Chicken Caesar Salad* Apple Slices Vegetarian Beans
Chicken Nuggets* ²² Ham & Cheese (P) Sandwich on Sliced Bread Apple Slices Celery	Chicken Drumstick* ²³ Turkey Chef Salad* Pear Red Peppers	Grilled Cheese V ²⁴ Make Your Own Pizza Kit V Apple Slices Spinach Salad	Chicken Soft Tacos ²⁵ with Shredded Cheddar & Lettuce Turkey & Cheese Sandwich on Sliced Bread Orange "cuties" Roasted Red Potatoes	Cheese Pizza V ²⁶ Chicken Caesar Salad* Apple Slices Chickpea Salad
French Toast with Syrup & Chicken Sausage ²⁹ Ham & Cheese (P) Sandwich on Sliced Bread Apple Slices Sweet Potatoes	Chicken Nachos ³⁰ with Cheese Sauce & Salsa Turkey Chef Salad* Pear Cucumbers	Homemade Macaroni ³¹ & Cheese* V Make Your Own Pizza Kit V Apple Slices Romaine Salad	Indicates Fresh Produce Denotes item prepared from Scratch or Speed Scratch	

Menus are subject to change.

Daily Fruit Offerings: Apple Orange Pear
100% Apple Juice or 100%% Fruit Punch
Daily Vegetable Offerings: Baby Carrots

Please Note: All Grains are Whole Grain unless otherwise noted, (P) denotes item may contain pork, V denotes Vegetarian option, (*) denotes item offered with WG dinner roll(s)

Meal Price: \$2.90
Free/Reduced Students eat free!
Adult Lunch Price: \$5.02

All Lunches Must Include Choice of:
Fruits and/or
Vegetable
And May Include:
Fat Free Milk, 1% Low-Fat Milk
(White or Chocolate)

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STUDENT
NUTRITION

This institution is an equal
opportunity providers